MELFITCOACHING.COM WEBSITE DISCLAIMER AND PRIVACY POLICY

1. Introduction

- 1.1 This disclaimer shall govern your use of our website, MelFitCoaching.com (MelFit).
- 1.2 By using our website, you accept this disclaimer and privacy policy in full; accordingly, if you disagree with this disclaimer or any part of this disclaimer, you must not use our website.
- 1.3 Our website uses cookies; by using our website or agreeing to this disclaimer, you consent to our use of cookies in accordance with the terms of our privacy and cookies policy.

2. Copyright notice

- 2.1 Copyright (c) 2019, MelFitCoaching, LLC, MelFit, and MelFitCoaching.com interviews, workouts and cooking videos.
- 2.2 Subject to the express provisions of this disclaimer:
 - (a) we, together with our licensors, own and control all the copyright and other intellectual property rights in our website and the material on our website; and
 - (b) all the copyright and other intellectual property rights in our website and the material on our website are reserved

3. License to use website

- 3.1 You may:
 - (a) view pages from our website in a web browser;
 - (b) download pages from our website for caching in a web browser; and
 - (c) print pages from our website,
 - subject to the other provisions of this disclaimer.
- 3.2 Except as expressly permitted by Section 3.1 or the other provisions of this disclaimer, you must not download any material from our website or save any such material to your computer.
- 3.3 You may only use our website for your own personal purpose, and you must not use our website for any other purposes.

- 3.4 Unless you own or control the relevant rights in the material, you must not:
 - (a) republish material from our website (including republication on another website);
 - (b) sell, rent or sub-license material from our website;
 - (c) show any material from our website in public;
 - (d) exploit material from our website for a commercial purpose; or
 - (e) redistribute material from our website.
- 3.5 We reserve the right to restrict access to areas of our website, or indeed our whole website, at our discretion; you must not circumvent or bypass, or attempt to circumvent or bypass, any access restriction measures on our website.

4. Acceptable use and Privacy Policy

4.1 You must not:

- (a) use our website in any way or take any action that causes, or may cause, damage to the website or impairment of the performance, availability or accessibility of the website;
- (b) use our website in any way that is unlawful, illegal, fraudulent or harmful, or in connection with any unlawful, illegal, fraudulent or harmful purpose or activity;
- (c) use our website to copy, store, host, transmit, send, use, publish or distribute any material which consists of (or is linked to) any spyware, computer virus, Trojan horse, worm, keystroke logger, rootkit or other malicious computer software;
- (d) conduct any systematic or automated data collection activities (including without limitation scraping, data mining, data extraction and data harvesting) on or in relation to our website without our express written consent;
- (e) access or otherwise interact with our website using any robot, spider or other automated means;
- (f) violate the directives set out in the robots.txt file for our website; or

- (g) use data collected from our website for any direct marketing activity (including without limitation email marketing, SMS marketing, telemarketing and direct mailing).
- 4.2 You must not use data collected from our website to contact individuals, companies or other persons or entities.
- 4.3 You must ensure that all the information you supply to us through our website, or in relation to our website, is true, accurate, current, complete and non-misleading.

5. Limited warranties

- 5.1 We do not warrant or represent:
 - (a) the completeness or accuracy of the information published on our website;
 - (b) that the material on the website is up to date; or
 - (c) that the website or any service on the website will remain available.
- 5.2 We reserve the right to discontinue or alter any or all of our website services, and to stop publishing our website, at any time in our sole discretion without notice or explanation; and save to the extent expressly provided otherwise in this disclaimer, you will not be entitled to any compensation or other payment upon the discontinuance or alteration of any website services, or if we stop publishing the website.
- 5.3 To the maximum extent permitted by applicable law and subject to Section 6.1, we exclude all representations and warranties relating to the subject matter of this disclaimer, our website and the use of our website.
- 5.4 While the MelFit strives to make the information on this website as timely and accurate as possible, MelFit makes no claims, promises, or guarantees about the accuracy, completeness, or adequacy of the contents of this site, and expressly disclaims liability for errors and omissions in the contents of this site.

6. Limitations and exclusions of liability

- 6.1 Nothing in this disclaimer will:
 - (a) limit or exclude any liability for death or personal injury resulting from negligence;
 - (b) limit or exclude any liability for fraud or fraudulent misrepresentation;
 - (c) limit any liabilities in any way that is not permitted under applicable law; or

- (d) exclude any liabilities that may not be excluded under applicable law.
- 6.2 The limitations and exclusions of liability set out in this Section 7 and elsewhere in this disclaimer:
 - (a) are subject to Section 6.1; and
 - (b) govern all liabilities arising under this disclaimer or relating to the subject matter of this disclaimer, including liabilities arising in contract, in tort (including negligence) and for breach of statutory duty, except to the extent expressly provided otherwise in this disclaimer.
- 6.3 To the extent that our website and the information and services on our website are provided free of charge, we will not be liable for any loss or damage of any nature.
- 6.4 We will not be liable to you in respect of any losses arising out of any event or events beyond our reasonable control.
- 6.5 We will not be liable to you in respect of any business losses, including (without limitation) loss of or damage to profits, income, revenue, use, production, anticipated savings, business, contracts, commercial opportunities or goodwill.
- 6.6 We will not be liable to you in respect of any loss or corruption of any data, database or software.
- 6.7 We will not be liable to you in respect of any special, indirect or consequential loss or damage.
- 6.8 You accept that we have an interest in limiting the personal liability of our officers and employees and, having regard to that interest, you acknowledge that we are a limited liability entity; you agree that you will not bring any claim personally against our officers or employees in respect of any losses you suffer in connection with the website or this disclaimer (this will not, of course, limit or exclude the liability of the limited liability entity itself for the acts and omissions of our officers and employees).
- 6.9 You hereby release, waive and forfeit any and all rights to any breaches of your confidential and private information by third-parties and unforeseen access to the MelFit website and unapproved dissemination of your confidential and private information by third-parties. You acknowledge that MelFit acts in a commercially reasonable fashion to protect its customers confidential and private information

- and promise to indemnify MelFit for any all breaches of your confidential and private information by third-parties, not due to the negligence of MelFit.
- 6.10 "NOTICE OF RISK. These products and/or services can at times involve substantial risk of bodily injury, property damage, and other dangers. Dangers peculiar to such activities include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death."
- 6.11 You recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness—activities. You hereby affirm that you are in good physical condition and do not suffer from any known disability or condition which would prevent or—limit your participation in this exercise program. You acknowledge that—enrollment with MelFit and subsequent participation is purely voluntary and—in—no—way mandated—by MelFit.
- 6.12 Before beginning any exercise program and/or nutritional changes, be sure to consult with your physician for specific medial advice.

7. Variation

- 7.1 We may revise this disclaimer from time to time.
- 7.2 The revised disclaimer shall apply to the use of our website from the time of publication of the revised disclaimer on the website.

8. Severability

- 8.1 If a provision of this disclaimer is determined by any court or other competent authority to be unlawful and/or unenforceable, the other provisions will continue in effect.
- 8.2 If any unlawful and/or unenforceable provision of this disclaimer would be lawful or enforceable if part of it were deleted, that part will be deemed to be deleted, and the rest of the provision will continue in effect.

9. Law and jurisdiction

- 9.1 This disclaimer shall be governed by and construed in accordance with Idaho law.
- 9.2 Any disputes relating to this disclaimer shall be subject to the exclusive jurisdiction of the courts of Idaho.

10. Our details

- 10.1 This website is owned and operated by MelFit Coaching, LLC dba Mel Fit.
- 10.2 We are registered in the state of Idaho under registration number (3561634), and our registered office is at (306 N Spokane St, Post Falls, Idaho 83854).
- 10.3 Our principal place of business is at (306 N Spokane St, Post Falls, Idaho 83854).
- 10.4 You can contact us:
 - (a) by mail, to the postal address given above;
 - (b) using our website contact form;
 - (c) by email, using the email address published on our website from time to time (MelFitCoaching@gmail.com).